

Interpersonal Formulation

Janeta

Biological Factors

Female
13 years old
no history of substance abuse
no history of chronic illness or disability
sedentary; soothes herself w food
History of severe mental illness in family (maternal)
History of Substance abuse and alcohol abuse in family (maternal)

Psychological Factors

Symptoms of anger, irritability, depressed mood, tearfulness, isolative, defiant, argumentative, physical/verbal aggressive, low self-worth, low motivation

Lack of attachment to primary caregiver in formative years (mother)
Attachment Style: Fearful / Preoccupied
Difficult parent-child relations with father
Recent trauma (sexual assault)
Social and outgoing, but very guarded, does not tend to share intimate info with friends
Difficulty trusting others
Difficulty expressing emotions

Social Factors

Good social support; female peers
Boyfriend present
Father is supportive but engages in co-dependent relation with client
Conflictual relationship with mother
Recently joined new soccer team.

Cultural Factors

Father's "traditional" expectations of children and females
Identifies as Hispanic

Spiritual Factors

Family is Catholic but client does not participate in religious activities
Still struggling to find meaning in mother's abandonment

Diagnosis

Major Depression, single episode

Acute Interpersonal Crises

Interpersonal Disputes with mother and father
Role Transitions with mother leaving home
Grief and loss with loss of mother's presence in the home