

Interpersonal Formulation- Daniel

Biological Factors

- 38 years old
- Male
- Family Hx of Substance Use/ Abuse
- On two year remission from Methamphetamine
- Current Daily Physical Health
- Activities (running and eating well)

Cultural Factors

- Caucasian
- Heterosexual
- Family Hx of Incarceration
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Psychological Factors

- Physically Abused as a Child
- Mother was a substance abuser
- Neglected as a Child
- Physically Aggravated by Police as an adult
- Passive Communication
- Mood Disorder

Diagnoses

- Other Specified Bipolar and Related d/o.
- Other Specified Trauma- and Stressor- Related d/o

Acute Interpersonal Crisis

- Role Transition

Social Factors

- Searching Employment
- Obtained some college and trade school courses
- Sister (younger) is main support
- Raised by Maternal Grandmother
- Loss of Mother and Grandmother through Death when in Prison
- Never Met his Father (was told he died, but suspects it's a lie)

Spiritual Factors

- Spiritual
- Meditates Daily